



Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

6 April, 2021

DIVISION MEMORANDUM
DM No. 196, s. 2021

**ONLINE ADOLESCENT HEALTH AND DEVELOPMENT (AHD) PROGRAM IN DEPED-QUEZON
(PILOT ACTIVITY)**

TO: Assistant Schools Division Superintendents
Division Chiefs
Secondary School Heads
School Health Personnel
All Others Concerned

1. In reference to the Regional Memorandum No. 77 s. 2021 entitled **Online Adolescent Health and Development (AHD) Program in CALABARZON (Pilot Activity)**, the School Health Section of the Department of Education-Division of Quezon thru Adolescent Reproductive Health Education Program Team will implement the said activity on **April 15, 2021 to May 12, 2021** and **October to November 2021** via online platform.
2. Specifically, the activity aims to raise awareness on right information related to adolescent sexuality and other reproductive health issues and concerns among adolescent learners through Teenage Pregnancy Symposium and AHD Film Dissemination.
3. Participants are select G8-G10 learners from the select secondary schools in the Division of Quezon with a maximum of 100 learner-participants per session together with their respective grade advisers, school ARH coordinators and school nurses.
4. The school principal of the select secondary school in coordination with the school ARH coordinator and grade level advisers shall identify the select participants based on the accessibility in internet connection.
5. The link for the said activity will be announced in a separate Advisory through the designated district nurses.
6. Electronic certificate of attendance will be awarded to the participants by the POPCOM 4A upon completion of the program.
7. For queries, please contact Ms. Princess Leni May M. Rejano (Division ARH Focal Person) at 09095085476.

DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
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8. Attached is the copy of RM No. 77, s. 2021 and the list of select secondary schools to attend and participate in the said activity on their respective schedule.
9. Immediate dissemination of this Memorandum is highly desired.

ELIAS A. ALICAYA JR., EdD
Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent

shsmaat04/06/2021

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**LIST OF SECONDARY SCHOOLS IN ITS RESPECTIVE SCHEDULE OF ONLINE PILOT
ACTIVITIES ON AHD IN DEPED-QUEZON**

1ST Congressional District		
Secondary School	Schedule	
	Teenage Pregnancy Symposium	AHD Film Dissemination
Dr. Maria Pastrana NHS-Mauban	April 15, 2021 (10am-12pm)	October 11, 2021 (10am-12pm)
Sampaloc NHS-Sampaloc	April 15, 2021 (1:00-3:00pm)	October 11, 2021 (1:00-3:00pm)
Paaralang Sekondarya ng Lukban-Lucban	April 16, 2021 (10am-12pm)	October 12, 2021 (10am-12pm)
Talipan NHS-Pagbilao	April 16, 2021 (1:00-3:00pm)	October 12, 2021 (1:00-3:00pm)
Infanta NHS-Infanta	April 19, 2021 (10am-12pm)	October 13, 2021 (10am-12pm)
Patnanungan NHS-Patnanungan	April 19, 2021 (1:00-3:00pm)	October 13, 2021 (1:00-3:00pm)
Paaralang Sekondarya ng General Nakar-General Nakar	April 20, 2021 (10am-12pm)	October 14, 2021 (10am-12pm)
Balesin Integrated High School-Polillo	April 20, 2021 (1:00-3:00pm)	October 14, 2021 (1:00-3:00pm)
Ungos NHS-Real	April 21, 2021 (10am-12pm)	October 15, 2021 (10am-12pm)
Jomalig NHS-Jomalig	April 21, 2021 (1:00-3:00pm)	October 15, 2021 (1:00-3:00pm)
2nd Congressional District		
Quezon NHS-Sariaya East	April 22, 2021 (10am-12pm)	October 18, 2021 (10am-12pm)
Lutucan INHS-Sariaya West	April 22, 2021 (1:00-3:00pm)	October 18, 2021 (1:00-3:00pm)
Recto Memorial NHS-Tiaong 1	April 23, 2021 (10am-12pm)	October 19, 2021 (10am-12pm)
Sta. Catalina NHS- Candelaria East	April 23, 2021 (1:00-3:00pm)	October 19, 2021 (1:00-3:00pm)
Castañas NHS-Sariaya East	April 26, 2021 (10am-12pm)	October 20, 2021 (10am-12pm)
Bukal Sur NHS-Candelaria West	April 26, 2021 (1:00-3:00pm)	October 20, 2021 (1:00-3:00pm)

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San Antonio NHS-San Antonio	April 27, 2021 (10am-12pm)	October 21, 2021 (10am-12pm)
Lusacan NHS-Tiaong 2	April 27, 2021 (1:00-3:00pm)	October 21, 2021 (1:00-3:00pm)
Canda NHS-Sariaya East	April 28, 2021 (10am-12pm)	October 22, 2021 (10am-12pm)
Dagatan NHS-Dolores	April 28, 2021 (1:00-3:00pm)	October 22, 2021 (1:00-3:00pm)
3rd Congressional District		
Danlagan NHS-Padre Burgos	April 29, 2021 (10am-12pm)	October 25, 2021 (10am-12pm)
Elias A. Salvador NHS-Agdangan	April 29, 2021 (1:00-3:00pm)	October 25, 2021 (1:00-3:00pm)
Unisan Integrated High School-Unisan	April 30, 2021 (10am-12pm)	October 26, 2021 (10am-12pm)
Pitogo Community High School-Pitogo	April 30, 2021 (1:00-3:00pm)	October 26, 2021 (1:00-3:00pm)
Olongtao NHS-Macalelon	May 3, 2021 (10am-12pm)	October 27, 2021 (10am-12pm)
San Isidro NHS-General Luna	May 3, 2021 (1:00-3:00pm)	October 27, 2021 (1:00-3:00pm)
Catanauan NHS-Catanauan	May 4, 2021 (10am-12pm)	October 28, 2021 (10am-12pm)
Bondoc Peninsula Agricultural High School-Mulanay	May 4, 2021 (1:00-3:00pm)	October 28, 2021 (1:00-3:00pm)
Godofredo M. Tan Integrated School of Arts and Trades -San Narciso	May 5, 2021 (10am-12pm)	October 29, 2021 (10am-12pm)
Camflora NHS-San Andres	May 5, 2021 (1:00-3:00pm)	October 29, 2021 (1:00-3:00pm)
4th Congressional District		
Alabat Island NHS-Alabat	May 6, 2021 (10am-12pm)	November 4, 2021 (10am-12pm)
Atimonan NCHS-Atimonan	May 6, 2021 (1:00-3:00pm)	November 4, 2021 (1:00-3:00pm)
Concepcion NHS-Plaridel	May 7, 2021 (10am-12pm)	November 5, 2021 (10am-12pm)
Gumaca NHS-Gumaca	May 7, 2021 (1:00-3:00pm)	November 5, 2021 (1:00-3:00pm)
Lopez Comprehensive NHS-Lopez	May 10, 2021 (10am-12:00pm)	November 8, 2021 (10am-12pm)
Bantuliniao Integrated High School-Calauag	May 10, 2021 (10am-12pm)	November 8, 2021 (1:00-3:00pm)
Guinayangan NHS-Guinayangan	May 11, 2021 (1:00-3:00pm)	November 9, 2021 (10am-12pm)

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Tagkawayan NHS-Tagkawayan	May 11, 2021 (10am-12pm)	November 9, 2021 (1:00-3:00pm)
Perez NHS-Perez	May 12, 2021 (1:00-3:00pm)	November 10, 2021 (10am-12pm)
Cesar C. Tan Memorial NHS-Quezon	May 12, 2021 (10am-12pm)	November 10, 2021 (1:00-3:00pm)

COMMITTEE

Over-all Chairperson	Elizabeth M. De Villa SGOD-Chief
Vice Chairperson	Marie Antoinette A. Tesalona MD Medical Officer III

Person In-Charge	Activities/Tasks
Princess Leni May M. Rejano MAEd RN ARH Focal Person	Preparatory Documents, Proposals, Memorandum
Ma. Teresita M. Abella RN NIC	Planning and coordination, Evaluation, Editing
Lavinia R. Cueto RN MSN Clarrise E. Buenafrancisca	Documentation
Luisa E. Parco RN Kaylim F. Pinion RN	Monitoring of Attendance/Registration of Participants

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Republic of the Philippines
Department of Education
REGION IV-A CALABARZON
GATE 2, KARANGALAN VILLAGE
1900 CAINTA, RIZAL



10 February 2021

Regional Memorandum

**ONLINE ADOLESCENT HEALTH AND DEVELOPMENT (AHD) PROGRAM IN
CALABARZON (PILOT ACTIVITY)**

To **All Schools Division Superintendents**

1. The Commission on Population and Development CALABARZON through the Technical Working Group on Adolescent Pregnancy of which the Department of Education IV A CALABARZON is a member, will conduct a Pilot Online Activity on Adolescent Health and Development Program in selected secondary schools in CALABARZON for Calendar Year 2021.
2. The objective is to impart the right information related to adolescent sexuality through particular demand generation activities such as Teenage Pregnancy Symposium (April-May 2021) and AHD Film Dissemination (October-November 2021).
3. Target are grades 8-10 learners including their respective advisers with a maximum of 100 participants per session and a maximum of 2 hours duration per session. We encourage the Schools Division Offices to reach the minimum goal of 100 participants in their respective Division.
4. The Schools Division Office' Adolescent Health Focal Person in coordination with the respective City/Municipal Population Officer will determine the specific schools and schedule as guided by the attached Program Design and Implementation Plan. The List of Provincial/City/Municipal Population Officers and sample Program are attached for your reference.
5. Electronic certificate of attendance will be awarded by the PopCom 4A upon completion of the program to both learners and advisers.



"EXCELLENCE is a CULTURE and QUALITY is a COMMITMENT"


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Website: depedcalabarzon.ph

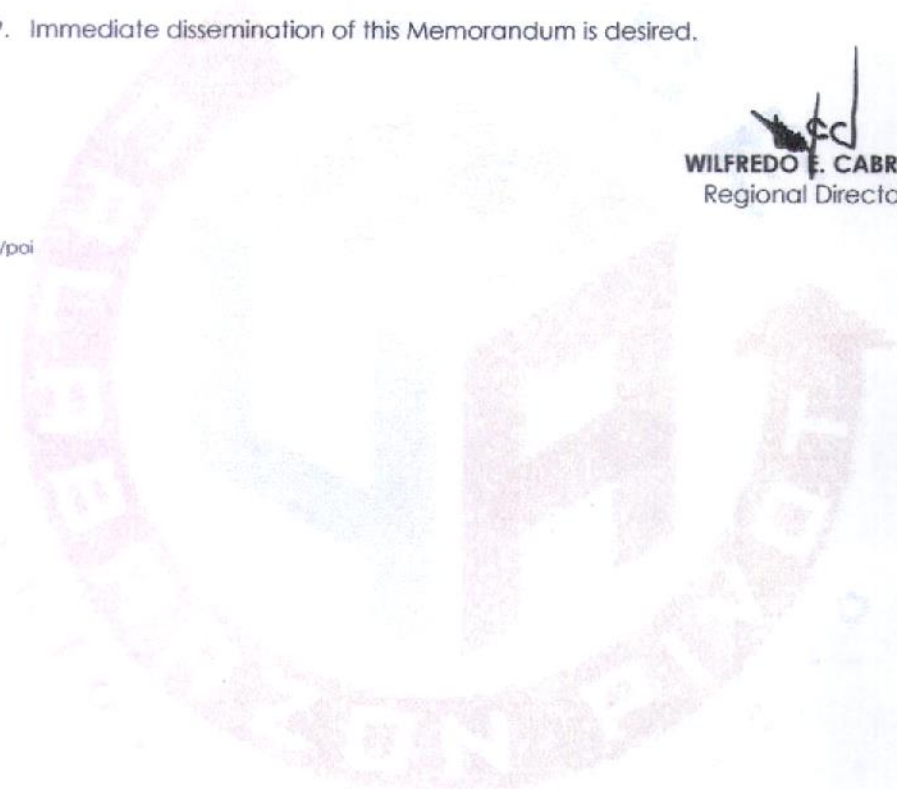
Document Inquiry : <https://r4a-teadoc.com/inquire>

Facebook: DepEd R-4A Calabarzon

6. A quarterly report on these activities will be shared by PopCom CALABARZON to DepEd CALABARZON.
7. Attached are the program of activities for your reference:
 - 7.1 Online Adolescent Health Program Program Matrix and Timeline
 - 7.2 Teenage Pregnancy Program
 - 7.3 AHD Film Dissemination Program
8. For questions/clarifications, Pearl Oliveth S. Intia MD, Medical Officer IV can be reached at 0917 9110690.
9. Immediate dissemination of this Memorandum is desired.


WILFREDO E. CABRAL
Regional Director

essd/poi





Title of Activity: **AHD Film Dissemination Activity**

Dates:

Venue:

1. Objectives of the Activity

- 1.1. To engage the facilitators and educators on the reproductive health issues of the adolescents.
- 1.2. To deepen the understanding about adolescents and the underlying causes of teenage pregnancy, early sexual debut, HIV/AIDS, and maternal deaths through film showing.

2. Program of Activities

Time	Topic/Activity	Responsible Person
10:00-10:15 am	Opening Session a. Registration b. Opening Prayer c. National Anthem d. Acknowledgement of the Participants e. Welcome/Opening Message	Secretariat
10:15-10:45 am	Presentation of the Incidence of Teen Pregnancy and Region IV-CALABARZON and the Results of Young Adult Fertility and Sexuality Survey (YAFSS) 4	Facilitator
10:45-11:30 am	Film Showing Focus Group Discussion Lecture	Facilitator
11:30-12:00 nn	Closing Message <i>Home Sweet Home</i>	

Title of Activity: **Teenage Pregnancy Symposium**

Date:

Venue:

1. Objectives of the Activity

- 1.1. To enable the participants to be aware of the risks in teenage pregnancy
- 1.2. To equip the adolescents to have responsible choices on their sexuality

2. Program of Activities

Time	Topic/Activity	Responsible Person
10:00-10:15 am	Opening Session a. Registration b. Opening Prayer c. National Anthem d. Acknowledgement of the Participants e. Welcome/Opening Message	Secretariat
10:15-10:45 am	Presentation of the Incidence of Teen Pregnancy and Region IV- CALABARZON and the Results of Young Adult Fertility and Sexuality Survey (YAFSS) 4	Facilitator
10:45-11:30 am	Teen Choice	Facilitator
11:30-12:00 nn	Open Forum (Tanong na hindi matanong-tanong) Closing Message <i>Home Sweet Home</i>	Facilitator



Republic of the Philippines
POPCOM-CALABARZON

COMMISSION ON POPULATION AND DEVELOPMENT
Empowering Filipino Families

**PILOT OF ONLINE ADOLESCENT HEALTH AND DEVELOPMENT (AHD) PROGRAM ACTIVITIES IN CALABARZON
TIMELINE**

Activity	Timeline
Endorsement to SDOs	February 2021
Coordination of Local Population Officer with SDOs	March 2021
Endorsement to Schools by the SDOs	March 2021
Implementation of Teenage Pregnancy Symposium	April to May 2021
Submission of Quarterly Report of POPCOM CALABARZON to DepEd CALABARZON	June 2021
Implementation of AHD Film Dissemination	October to November 2021
Submission of Quarterly Report of POPCOM CALABARZON to DepEd CALABARZON	December 2021
Evaluation, Assessment of 2021 Implementation and Planning for 2022	January 27, 2022 (Thursday)

Welfareville Compound, Acacia Lane, Barangay Addition Hills, Mandaluyong City, Philippines, 1550

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COMMISSION ON POPULATION AND DEVELOPMENT
Empowering Filipino Families

PILOT OF ONLINE ADOLESCENT HEALTH AND DEVELOPMENT (AHD) PROGRAM ACTIVITIES IN CALABARZON
PROGRAM DESIGN

Activity	Description and Objective	Program Flow	Target Audience	Duration	Remarks	Target Date	Reporting
Teenage Pregnancy Symposium	This symposium discusses the teenage pregnancy situation using the relevant data available, reasons why adolescents are engage into too early sex and the consequences of teenage pregnancy. This activity reached hundreds of adolescent to address issues and for them to educated on the risk of teenage pregnancy.	<ul style="list-style-type: none"> - Presentation of Teenage Pregnancy Incidence in the Region - Teen Choice - Open Forum (Tanong na di Matanong-tanong) 	Adolescents and Advisers (Grades 8 - 10) Minimum of 100 per SDO	2 Hours	For Grade 8 maximum of 2 hours per session online	April - May 2021	Quarterly
AHD Film Dissemination	AHD Film Dissemination is designed to help facilitators and educators to engage with the youth on their reproductive health issues. This aims to deepen the understanding about adolescents and the underlying causes of teenage pregnancy, early sexual debut, HIV/AIDS, maternal deaths, through watching the films and run a focus group discussion.	<ul style="list-style-type: none"> - Presentation of Teenage Pregnancy Incidence in the Region - Film Showing - Focus Group Discussion - Lecture 	Adolescents and Advisers (Grades 8 - 10) Minimum of 100 per SDO	2 Hours	For Grade 8 maximum of 2 hours per session online	October - November 2021	Quarterly

Welfareville Compound, Acacia Lane, Barangay Addition Hills, Mandaluyong City, Philippines, 1550
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